



Military OneSource: Tools You Can Use



**Need financial or tax advice?
Need to talk about family issues or managing stress?
Thinking about going back to school?**

Military OneSource is a Department of Defense-funded program that's both a call center and a website, providing comprehensive information on every aspect of military life that is free to active duty, National Guard and reserve service members, their families and survivors. Information includes, but is not limited to, deployment, reunion, relationships, grief, spouse employment and education, parenting and child care, and much more.

Highlights

- ✓ Confidential non-medical counseling services for eligible individuals face to face, by telephone, and via secure online chat and video conference, 12 consultations per person, per issue
- ✓ Specialty consultations with trained professionals by phone or online for adoption, education, special needs, adult and elder care, peer-to-peer, health and wellness coaching, wounded warriors, and spouse relocation and transition
- ✓ Financial counseling in person, by phone or via video conference on an array of financial issues from basic budgeting to debt consolidation
- ✓ Tax consultation and free electronic filing services
- ✓ Document translation and simultaneous language interpretation services in more than 150 different languages
- ✓ Articles, resources and products on a wide range of topics



Call. 800-342-9647

Click. [MilitaryOneSource.mil](http://www.militaryonesource.mil)

Connect. 24/7



Discover
more of what
Military OneSource
has to offer.
Scan QR code or
call 800-342-9647.



Learn what Military OneSource has to offer.
Visit <http://www.militaryonesource.mil>
or call 800-342-9647.